

# Employee Benefits Advisor

Helping you get the most from your benefit plans.

## Health America's Mail-Order Prescription Drug Program

As your benefits advisor, RSI wants to ensure you are getting the most from your health plan. One important program is the mail-order service for prescription drugs.

If you are taking any maintenance medications, or drugs that are prescribed on a long-term basis, then you will want consider filling them through mail-order. The advantages of doing so include:

- 1) Savings through lower copays, and
- 2) Convenience of having a 90-day supply delivered to your home.



### To get started with the Mail Service Program:

- ◆ Call customer service to determine whether or not your drugs are on the mail-order list. You may either call the 800# listed on your Health America ID card, or call your RSI Benefit Service Specialist at 1-800-394-6111.
- ◆ If your drugs qualify, then ask your doctor to prescribe a 90-day supply plus refills.
- ◆ Fill out a mail-order form, include your prescription, and send it in to Caremark. Your company's human resources department has a supply of these forms. Otherwise, you can download a form from the internet by logging on to [www.caremark.com](http://www.caremark.com).
- ◆ Once you send in your prescription, you can track your order either through Caremark's website, or by calling 1-800-378-7040.

If you have any questions about this topic, please contact your RSI Benefit Service Specialist at 1-800-394-6111.

